


# Brand Comparison



MassOMEGA compared to three high quality leading products.



* Leading brand label data subject to change				
Review of Product Labels of Leading Brands				
Manufacturer	NORDIC NATURALS	NORDIC NATURALS	NEWCHAPTER	D&H Labs, Inc.
Product Name	Arctic Cod Liver	Kanai Wild Alaskan Salmon Oil	WHOLEMEGA Extra-Virgin Alaskan Salmon Oil	
Equal Serving Size Set at 2,000 mg	2,000 mg (2 softgels)	2,000 mg (2 softgels)	2,000 mg (2 softgels)	2,000 mg (2 softgels)
<b>OMEGA-3</b>				
DHA	240 mg	210 mg	220 mg	440 mg
EPA	160 mg	170mg	180 mg	130 mg
Other Omega-3	100 mg	130 mg	120 mg	105 mg
Total Omega-3	500 mg	510 mg	520 mg	675 mg
<b>OMEGA 6-7-9</b>				
Omega - 6	No label data	50 mg	60 mg	70 mg
Omega - 7	No label data	77 mg	95 mg	70 mg
Omega - 9	No label data	254 mg	300 mg	260 mg

